



## LIFE TIME MID ATLANTIC JANUARY 2019

# STREAMLINE

### Important Announcement!

We will be hosting our first annual swim team banquet for our USA teams this spring!

On Saturday, April 27, 2019 at Chantilly National Golf & Country Club from 11:00 AM to 3:00 PM.

We are excited to celebrate your swimmers' success so far and get excited for the next portion of our season!

As we get closer to the date we will let you know how to RSVP for this extraordinary event!

We are still in need of volunteer officials!

It is a great way to get involved with the sport your kids care so much about. No swim experience is needed to become an official.

Please contact Pat Kerrigan [pkerrigan@lt.life](mailto:pkerrigan@lt.life) if you are interested! We couldn't do this without you!

### Upcoming Meets!

#### USA Meets:

SNOW February Qualifier  
02.09.2019  
9 & Older  
Deadline- 01.23.2019

Munchkin Mania  
02.10.2019  
12 & Under  
Deadline- 01.19.2019

#### HWOL Meet:

Gaithersburg  
02.16.2019  
Deadline- 02.10.2019



# January Birthdays:

\*Swimmers are moving up to the next age group

- Michael Ehlenberger-2
- \*Julian Nouri-2
- Vivienne Schoening-2
- \*Aanya Diaz-4
- Dylan Higgins-5
- Maureen Howard-5
- \*Ayush Marwaha-5
- \*Jannah Mostafa-5
- \*Keira Johnson-7
- \*Matilda Kinkead-7
- Alex Krulikowski-7
- \*Sophia Won-7
- Jacie Kim-10
- \*Josselyn Gould-11
- \*Jessica Stallings-11
- \*Dane Choe-13
- Sakina Lashkeri-13
- \*Sriya Yalamanchili-14
- Vidur Rajagopalan-15
- Coach Sean-16
- Laith Khan-16
- Owen Zentner-16
- Angela Thomson-18
- Emerson Eatough-19
- Shivani Mandadi-19
- Carlee Pugh-19
- \*Nikita Rao-19
- Zacharia Foglia-20
- Ayan Chethan-21
- \*David Shi-21
- Thomas Clodfelter-22
- TJ Malaska-28
- \*Nimagni Mummaneni-30
- \*Thaddeus Remmers-30
- Neev Hemeghan-31
- Harshitha Manjunath-31
- Ishveer Sethi-31

# Junior Olympic Cut Times

Girls SCY	10 & Under	Boys SCY
32.69	50 Free	32.59
1:12.29	100 Free	1:11.99
2:36.99	200 Free	2:35.59
6:59.99	500 Free	6:59.99
38.29	50 Back	38.49
1:22.49	100 Back	1:22.49
43.09	50 Breast	43.59
1:33.39	100 Breast	1:33.39
37.09	50 Fly	37.39
1:30.39	100 Fly	1:30.99
1:22.09	100 IM	1:21.79
2:57.99	200 IM	2:57.99
2:14.79	200 Free Relay	2:15.39
2:35.99	200 Medley Relay	2:35.99

Girls SCY	13-14	Boys SCY
26.29	50 Free	24.99
57.59	100 Free	53.99
2:03.99	200 Free	1:56.99
5:28.09	500 Free	5:13.69
11:39.99	14 & Under 1000 Free	11:09.99
19:39.99	14 & Under 1650 Free	18:49.99
1:04.99	100 Back	1:02.19
2:17.99	200 Back	2:12.49
1:14.49	100 Breast	1:09.79
2:39.99	200 Breast	2:31.39
1:04.59	100 Fly	1:00.99
2:27.99	200 Fly	2:19.09
2:20.89	200 IM	2:12.49
5:00.99	400 IM	4:43.99
1:50.99	200 Free Relay	1:44.99
4:05.99	400 Free Relay	3:49.79
8:59.99	800 Free Relay	8:59.99
4:30.99	400 Medley Relay	4:12.99

Girls SCY	11-12	Boys SCY
28.39	50 Free	28.39
1:01.39	100 Free	1:02.39
2:15.99	200 Free	2:14.99
5:55.99	500 Free	5:55.99
32.89	50 Back	33.09
1:10.99	100 Back	1:10.99
2:31.39	12 & Under 200 Back	2:32.69
37.59	50 Breast	37.59
1:21.19	100 Breast	1:21.59
2:54.09	12 & Under 200 Breast	2:53.69
31.19	50 Fly	31.99
1:11.99	100 Fly	1:12.59
2:48.99	12 & Under 200 Fly	2:43.99
1:11.19	100 IM	1:11.29
2:33.19	200 IM	2:33.39
1:56.99	200 Free Relay	1:55.99
4:15.99	400 Free Relay	4:15.99
2:12.99	200 Medley Relay	2:12.99
4:40.99	400 Medley Relay	4:50.99

